

IS “GOOD” GOOD ENOUGH?

A REPORT ON THE HEALTH & WELL-BEING OF
CHILDREN & YOUTH IN BRITISH COLUMBIA

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A Holistic View of Child and Youth Health & Well-being



Five dimensions describe health and well-being of children and youth

Dimensions of Child and Youth Health & Well-being



Physical health and well-being

- 21 indicators (e.g. breastfeeding rates, immunization rates)



Mental and emotional health and well-being

- 7 indicators (e.g. self-esteem, consideration of suicide)



Social relationships

- 11 indicators (e.g. family connectedness, bullying)



Economic and material well-being

- 5 indicators (e.g. food security, housing)

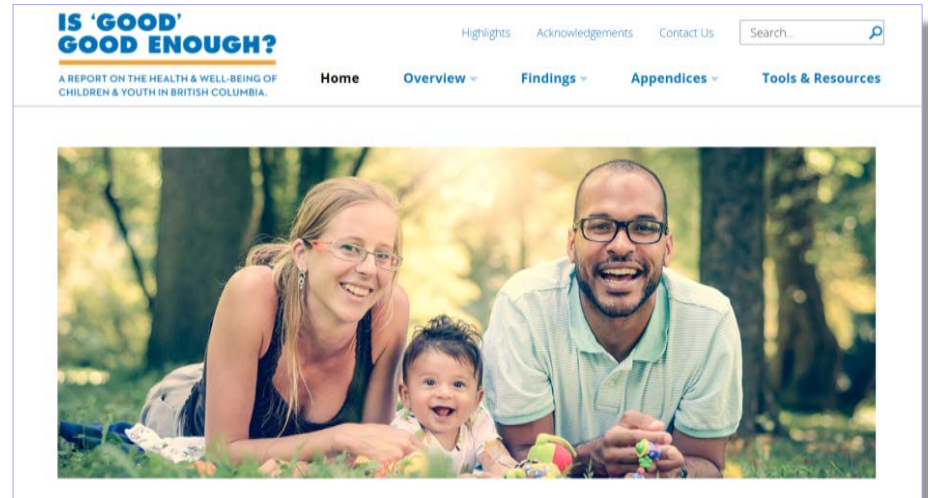
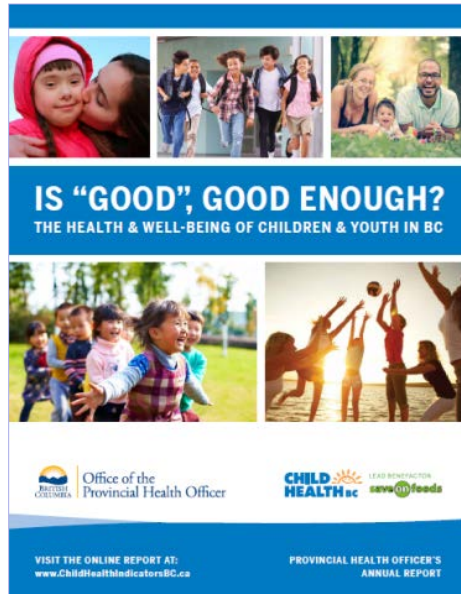


Cognitive Development

- 7 indicators (e.g. kindergarten readiness, high school completion)

Exploring and Using the Child and Youth Report

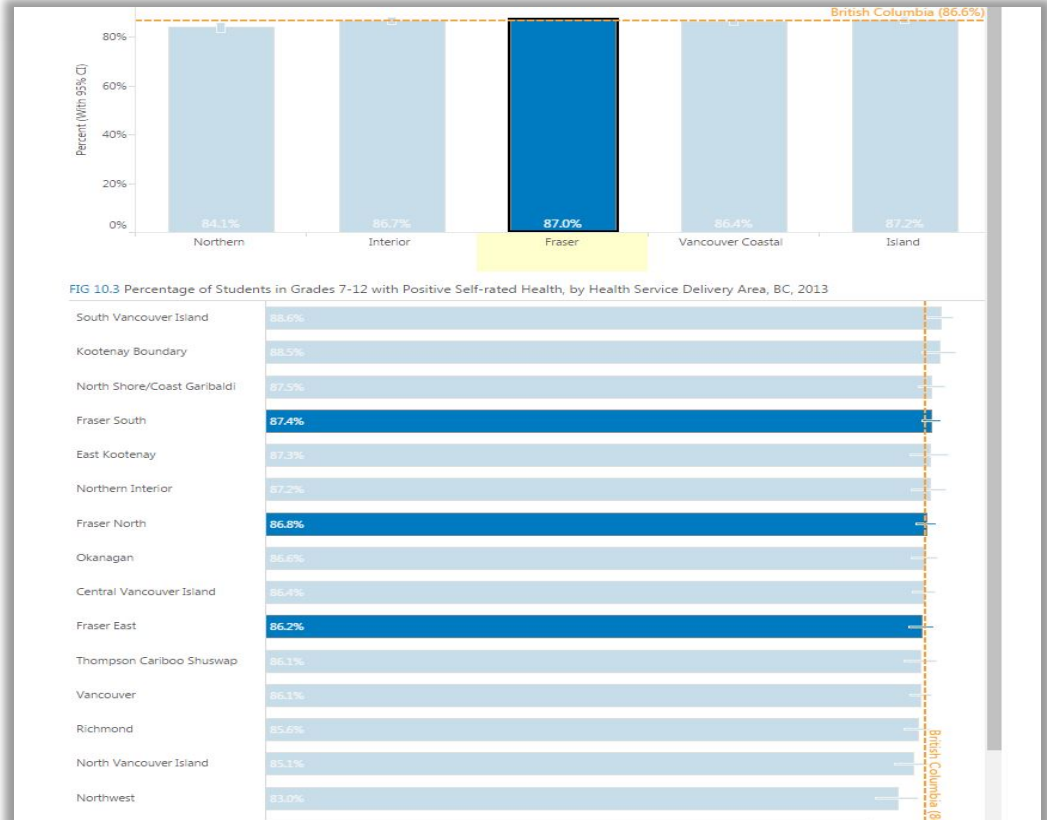
Explore the findings in two formats:
book format and an interactive website



www.ChildHealthIndicatorsBC.ca

Further exploring and understanding the report

- Webpages help users to explore the report findings further, using a few interactive data functions
- Key messages related to the findings
- Related references and data sources



Overview of Report Findings

- Overall, the health and well-being of children and youth in BC is generally good.
- Some indicators show positive and/or improving health and well-being; however, others show areas of concern.
- Some indicators show stability over time, though improvement is desired.
- For many indicators there are differences between males and females, and between different geographic areas of BC.



Read the report at: www.ChildHealthIndicatorsBC.ca